

Field Hockey	Karen Grossi	kgrossi@umtsd.org
Football	Adam Beach	abeach@umtsd.org
Golf	TBA	
Soccer-Boys	Dan Manella	coachingdirector@crusa.net
Soccer-Girls	Lisa Benvenuto	lbenvenuto@umtsd.org
Tennis-Girls	Kristen Summers	uppermorelandgirlstennis@yahoo.com
XC Boys	TBA	
XC Girls	TBA	
Cheerleading	Emily Hamon	eahamon@gmail.com
Marching Band	Glenn Cowen	gcowen@umtsd.org
Basketball-Boys	Matt Heiland	heiland11@gmail.com
Basketball-Girls	Matt Carroll	mcarroll@umtsd.org
Bowling-Boys/Girls	Howard Cohen	hcohen@umtsd.org
Swimming - Girls	Michelle Lawn	mlawn@umtsd.org
Swimming - Boys	Jess Healy	jessica.healy9@yahoo.com
Track Winter Boys	Doug Smith	umtrackcoachsmith@gmail.com
Track Winter Girls	Keith Parker Washington	keithpwarrior22@gmail.com
Wrestling	John DeFranco	jdefranco@umtsd.org
Baseball	Dan Heiland	danheiland@yahoo.com
Lacrosse-Boys	Ethan Fleming	ewfleming790@gmail.com
Lacrosse-Girls	Kim Faust	krfaust@gmail.com
Softball	Scott Ludlow	sludlow@umtsd.org
Tennis-Boys	Kristin Summers	umboystennis@gmail.com
Track-Girls	Keith Parker Washington	keithpwarrior22@gmail.com
Track-Boys	Doug Smith	umtrackcoachsmith@gmail.com
Trainer	Jackie Barainyak	jackie.barainyak@propt.com
Booster Club	Scott Wister	swister@kennedyauto.com