



2020-2021 Sports Contact Information

Fall 2020

Sport	Coach	Contact
Cheerleading	Ms. Sargent	Mzst3ph@gmail.com
Cross Country Boys & Girls	Mr. Bond	Deanbond2184@gmail.com
Field Hockey	Mrs. Grossi	Kgrossi@umtsd.org
Football	Mr. Szydlik	Cszydlik@umtsd.org
Golf	Mr. Cohen	Hcohen@umtsd.org
Soccer- Boys	Mr. Allegra	Jallegra@umtsd.org
Soccer-Girls	Ms. Benvenuto	Lbenvenuto@umtsd.org
Tennis-Girls	Mrs. Mcclenton	Amclenton@umtsd.org

Winter 2020-2021

Sport	Coach	Contact
Basketball- Boys	Mr. Heiland	Danheiland@yahoo.com
Basketball- Girls	Mr. Carroll	Mcarroll@umtsd.org
Bowling- Boys & Girls	Mr. Cohen	Hcohen@umtsd.org
Cheerleading	Ms. Sargent	Mzst3ph@gmail.com
Swimming & Diving- Boys & Girls	Ms. Healey	Jessica.healy9@yahoo.com
Wrestling	Mr. Defranco	Jdefranco@umtsd.org
Winter Track- Boys	Mr. Smith	Umtrackcoachsmith@gmail.com
Winter Track- Girls	Mr. Bond	Deanbond2184@gmail.com

Spring 2021

Sport	Coach	Contact
Baseball	Mr. Heiland	Danheiland@yahoo.com
Lacrosse- Boys	Mr. Kelly	Ckelly@umtsd.org
Lacrosse- Girls	Mrs. Frantz	Kfrantz@umtsd.org
Softball	TBA	TBA
Tennis- Boys	Mr. Allegra	Jallegra@umtsd.org
Track- Boys	Mr. Smith	Umtrackcoachsmith@gmail.com
Track- Girls	Mr. Bond	Deanbond2184@gmail.com