



# Fall Sports 2018 Information

Fall Sports begin Monday, August 13th

\*Football begins Monday, August 6th( Heat Acclimation Week)

## Requirements for Participation- **Due Wednesday, August 1st, 2018**

\*All forms can be found on the high school athletics website: <https://www.umtsd.org/site/Default.aspx?PageID=244>

- PIAA Physical Form: physicals must be dated on or after June 1st, 2018
  - Activity Fee Form/Payment
  - Baseline Concussion Test
    - Emergency Card
  - Optional: Student Accident Insurance

\* Activity fee reduction or waiver requests: it is the responsibility of the Parent/Guardian to contact the High School athletic office to schedule a required parent meeting prior to participation in a sport.

### Fall 2018 Head Coaches

Sport	Head Coach	Contact Info
Football	CJ Szydlak	cj4207@verizon.net
Field Hockey	Casey Dellostretto	cdellostretto@umtsd.org
Cheer	Emily Hamon	eahamon@gmail.com
Boys Soccer	Matt Duffey	mdsoccer@verizon.net
Girls Soccer	Lisa Benvenuto	lbenvenuto@umtsd.org
Tennis	Kristin Summers	uppermorelandgirlstennis@yahoo.com
Cross Country	Mark Mullelly	mmullelly@archwood.org
Golf	Howard Cohen	hcohen@umtsd.org

### Baseline Impact Testing Schedule- Room 800 UM High School

Football	Monday, August 6th- 9:00am & 10:00am
Cheer	Tuesday, August 7th - 10:am
Cross Country	Monday, August 6th - 8:00am
Field Hockey	Monday, July 30th- 8:00am
Golf	Wednesday, August 1st - 9:00am
Boys Soccer	Tuesday, July 31st & Thursday, August 2nd - 9:00am
Girls Soccer	Tuesday, July 31st & Wednesday, Aug. 1st - 8:00am
Tennis	Wednesday, August 8th - 8:00am

