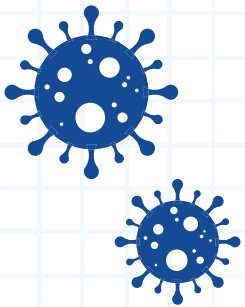


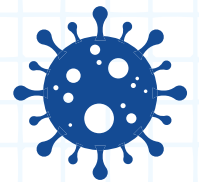
# A QUICK GUIDE TO THE UPPER MORELAND TOWNSHIP SCHOOL DISTRICT HEALTH & SAFETY PLAN & COVID-19 PROTOCOLS



**1** Masking Requirements



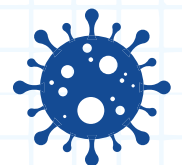
**2** COVID-19 Mitigation Best Practices



**3** Before You Send Your Student to School



**4** Quarantine Protocols



**UPDATED 12.30.21**



**AS PER ORDER OF THE MONTCO OPH  
AND THE UMTSD HEALTH AND  
SAFETY PLAN, **ALL STUDENTS, STAFF  
AND VISITORS IN UMTSD BUILDINGS  
ARE REQUIRED TO WEAR \*FACE  
COVERINGS.****

**1** Masking Requirements

**WHEN/WHERE DO STUDENTS HAVE TO WEAR A MASK?**

**NO MASK REQUIRED**

- **DURING OUTDOOR ATHLETICS PRACTICES, GAMES**
- **WHILE ACTIVELY PARTICIPATING IN INDOOR ATHLETICS PRACTICES, GAMES**
- **DURING OUTDOOR RECESS**
- **WHILE OUTSIDE**

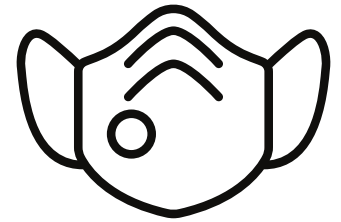
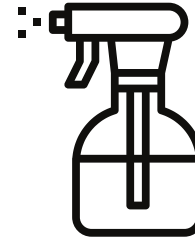
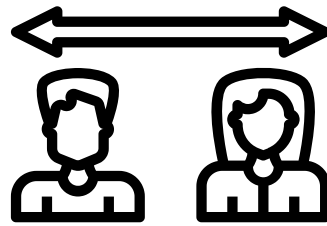
**MASK REQUIRED**

- **INSIDE ALL DISTRICT BUILDINGS**
- **WHILE ON DISTRICT TRANSPORTATION (BUSES/VANS)**
- **WHILE ACTIVELY PARTICIPATING IN INDOOR ATHLETICS WHEN ON SIDELINES**

**\*FACE COVERINGS/MASKS ARE EXPLAINED IN DETAIL IN THE UMTSD STUDENT CODE OF CONDUCT ADDENDUM.**



# HERE ARE SOME OF THE STEPS WE WILL CONTINUE TO TAKE TO KEEP OUR STUDENTS AND STAFF MEMBERS SAFE



**2** COVID-19 Mitigation Best Practices

## PHYSICAL DISTANCING

**WE WILL MAINTAIN A 3-FOOT DISTANCE BETWEEN ALL STUDENTS AND STAFF MEMBERS WHENEVER POSSIBLE PER RECOMMENDATIONS OF THE CDC, PA DOH, AND MONTCO OPH.**

## CLEANING PROTOCOLS

**WE WILL CONTINUE TO IMPLEMENT APPROPRIATE CLEANING SCHEDULES FOR ALL BUILDINGS AND OFFICES. IN ADDITION, CUSTODIANS AND MAINTENANCE STAFF WILL CLEAN HIGH-TOUCH AND FREQUENTLY USED LOCATIONS WITH APPROVED DISINFECTANTS TO LIMIT THE SPREAD OF GERMS.**

**CAFETERIA SERVING LINES WILL BE SANITIZED AFTER BREAKFAST AND LUNCH. TABLES WILL BE DISINFECTED AFTER EACH LUNCH PERIOD.**

## HANDWASHING

**WE WILL CONTINUE TO PROMOTE HANDWASHING THROUGHOUT THE SCHOOL DAY. HAND SANITIZER IS ALSO AVAILABLE FOR ALL CLASSROOMS.**



3

Before You Send Your  
Student to School

# BEFORE YOU SEND YOUR CHILD TO SCHOOL, CHECK THEM FOR SYMPTOMS

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**KEEP YOUR CHILD HOME, INFORM THE NURSE, AND  
CONTACT YOUR DOCTOR IF YOUR STUDENT IS EXPERIENCING...**

**TWO OF THE FOLLOWING SYMPTOMS: FEVER, CHILLS, FATIGUE,  
MUSCLE PAIN, HEADACHE, SORE THROAT, CONGESTION,  
NAUSEA, VOMITING, DIARRHEA**

**OR**

**ONE OF THE FOLLOWING SYMPTOMS: COUGH, SHORTNESS OF  
BREATH, DIFFICULTY BREATHING, NEW LOSS OF TASTE OR SMELL**





#### 4 Quarantine Protocols

## THERE ARE THREE MAIN COVID SCENARIOS WE SEE IN SCHOOL OR AT SCHOOL EVENTS

1. LABORATORY CONFIRMED COVID POSITIVE
2. CLOSE CONTACT WITH A COVID POSITIVE INDIVIDUAL
3. HOUSEHOLD CLOSE CONTACT

## WHEN ONE OF THESE SCENARIOS OCCURS, HERE IS WHAT WE DO BASED ON OPH REQUIREMENTS AND RECOMMENDATIONS

### 1. LABORATORY CONFIRMED COVID POSITIVE

IF YOUR CHILD IS **POSITIVE AND SYMPTOMATIC**, THEY MAY RETURN TO SCHOOL 5 DAYS AFTER THE SYMPTOMS FIRST APPEARED AND ALL SYMPTOMS ARE NOW GONE.

IF YOUR CHILD IS **POSITIVE AND ASYMPTOMATIC**, THEY MAY RETURN TO SCHOOL 5 DAYS AFTER THEIR COVID TEST IF NO SYMPTOMS OR FEVER DEVELOP.

### 2. CLOSE CONTACT WITH A COVID POSITIVE INDIVIDUAL

IF YOUR STUDENT IS UNVACCINATED AND IS A CLOSE CONTACT TO A COVID POSITIVE INDIVIDUAL THEY MUST QUARANTINE FOR 5 DAYS FROM THE DATE OF THE CLOSE CONTACT.

### 3. HOUSEHOLD CLOSE CONTACT WITH A COVID POSITIVE INDIVIDUAL

UNVACCINATED HOUSEHOLD CONTACTS ARE ABLE TO START QUARANTINE FROM THE LAST DATE OF EXPOSURE ONLY IF THE POSITIVE INDIVIDUAL IS FULLY ABLE TO ISOLATE. QUARANTINE WILL BE UNTIL 10 DAYS AFTER THE POSITIVE IS RELEASED FROM ISOLATION OR AFTER 7 DAYS WITH A NEGATIVE PCR OR ANTIGEN TEST (MUST BE COLLECTED ON DAY 5 OR THEREAFTER).

**PLEASE CONTACT THE SCHOOL NURSE IN ALL THREE SCENARIOS.**

**THE NURSE WILL HELP TO DETERMINE A RETURN TO SCHOOL DATE FOR YOUR STUDENT.**

## VACCINATION EXEMPTION

STUDENTS WHO ARE FULLY VACCINATED AGAINST COVID-19 DO NOT NEED TO QUARANTINE AFTER AN EXPOSURE TO ANOTHER PERSON WITH COVID-19 IF THEY REMAIN ASYMPTOMATIC.

VACCINATED STUDENTS CAN CONTINUE TO COME TO SCHOOL EVEN WITH A COVID POSITIVE INDIVIDUAL IN THE HOUSEHOLD AS LONG AS THE STUDENT REMAINS ASYMPTOMATIC.