

# SCHOOL DISTRICT OF UPPER MORELAND TOWNSHIP

## WHAT TO DO IN CASE OF A WORK-RELATED INJURY

EFFECTIVE JULY 1, 2020 THROUGH JUNE 30, 2021

If you suffer a work-related injury, your health and wellbeing are our first concern. If the injury is of a serious nature and requires the assistance of an ambulance or rescue personnel, they should be contacted immediately. If the injury is of a less serious nature, the following procedures must be followed:

1. If you suffer a work-related injury, the first thing you **MUST** do is report the injury to your supervisor. S/he or a designated person in your building will provide you with an SDIC packet, and your first step is to call SDIC at (800) 445-6965 ext. 2101 or online at [sdicwc.org](http://sdicwc.org) (Click the "Report a Claim" button). You must also call **Patricia Slate Executive Assistant to HR/Benefits Specialist @ 215-830-1557**.
2. If you require a prescription for your work-related injury or disease, do not use your personal health plan prescription card. Please use the Mitchell International First Fill Sheet found in your SDIC packet. When you call in your report of injury to SDIC, they will assign you a claim number. Please use this claim number when seeing a panel physician.
3. If you suffer a work-related injury, **THE SCHOOL DISTRICT OF UPPER MORELAND TOWNSHIP** through SDIC, will pay reasonable surgical and medical services and supplies, orthopedic appliances and prosthetics, including training in their use when needed. In order to ensure that your medical treatment will be paid for by **School District of Upper Moreland Township** through SDIC, **you must select from one of the health-care providers listed below for your initial care:**

Patient First (multiple locations)  
938 Old York Road  
Abington, PA 19001  
(267) 620-0237  
**Area of Specialty: Urgent Care**

Holy Redeemer Occupational Health  
1648 Huntingdon Pike  
Meadowbrook, PA 19046  
(215) 938-2110  
**Area of Specialty: Occupational Medicine**

Suburban Orthopedic (multiple locations)  
1648 Huntingdon Pike  
Meadowbrook, PA 19046  
(215) 355-7220  
**Area of Specialty: Orthopedics**

Rothman Institute (multiple locations)  
2400 Maryland Road  
Willow Grove, PA 19090  
(215) 830-8700  
**Area of Specialty: Orthopedics**

WorkNet Occupational Medicine (multiple locations)  
1800 Byberry road, Suite 705  
Huntingdon Valley, PA 19006  
(215) 947-5005  
**Area of Specialty: Occupational Medicine**

**For Physical Therapy**  
NovaCare Rehabilitation  
(866) 723-NOVA

**-or-**  
One Call Care Management  
(866) 389-0211

Ophthalmology Physicians & Surgeons  
331 North York Road  
Hatboro, PA 19040  
(215) 672-4300  
**Area of Specialty: Ophthalmology**

Matossian Eye Associates  
501 Hyde Park, Route 202  
Doylestown, PA 18902  
(215) 230-9200  
**Area of Specialty: Ophthalmology**

**Dental**  
One Call Care Management  
(888) 539-0577

**For MRI/EMG/X-Ray/CT Scan**  
One Call Care Management  
(800) 453-0574

**-or-**  
Priority Care Solutions  
(866) 932-5779

**For Durable Medical Equipment**  
One Call Care Management  
(800) 848-1989  
**-or-**  
Priority Care Solutions  
(866) 932-5779  
**(walkers, TENs units, orthotics & prosthetics, etc.)**

**For Prescriptions**  
Please use your Mitchell International card at your local pharmacy to bill SDIC directly  
**(Giant, CVS, Rite Aid, Wal-Mart, Walgreens)**

4. Please call in advance for an appointment if you need treatment. You must continue to treat with one of these providers for ninety (**90 days**) from the date of your first visit.
5. If, after this ninety (90) day period, you still need treatment and the **School District of Upper Moreland Township** has provided this list as set forth above, you may choose to continue with this health care provider, or you may choose another provider. You must notify **Patricia Slate Executive Assistant to HR/Benefits Specialist** of this action within five (5) days of your first visit to the health care provider of your choice. Your bills will be paid if you have provided proper notice and if your provider files reports as required. (These reports must be filed within ten (10) days after your first visit and at least once a month for as long as treatment continues.)
6. If one of the health care providers listed above refers you to a specialist, the **School District of Upper Moreland Township** through SDIC will pay for these services as provided by law.

All workers' compensation claims will be processed on behalf of the School District by:

**SCHOOL DISTRICTS INSURANCE CONSORTIUM**  
**P.O. BOX 1249**  
**NORTH WALES, PA 19454**  
Phone: (800) 445-6965

**ACKNOWLEDGMENT: I have been informed of and understand my rights and duties as specified herein.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please Print Name: \_\_\_\_\_

**\* At time of distribution, this information is accurate to the best of our knowledge. This panel is subject to change based on information received from the medical provider.**