

Fall		
Cheerleading	Stephanie Sargent	stephiam@icloud.com
Cross Country - Boys and Girls	Dean Bond	deanbond2184@gmail.com
Field Hockey	Karen Grossi	kgrossi@umtsd.org
Football	CJ Szydlik	cszydlik@umtsd.org
Golf	Howard Cohen	hcohen@umtsd.org
Marching Band	Nicholas Hall	nhall@umtsd.org
Soccer-Boys	Justin Allegra	jallegra@umtsd.org
Soccer-Girls	Lisa Benvenuto	lbenvenuto@umtsd.org
Tennis-Girls	Angela McClenton	amccclenton@umtsd.org
Winter		
Basketball-Boys	Dan Heiland	dheiland@yahoo.com
Basketball-Girls	Matt Carroll	mcarroll@umtsd.org
Bowling-Boys/Girls	Howard Cohen	hcohen@umtsd.org
Swimming - Girls	Jess Healy	jessica.healy9@yahoo.com
Swimming - Boys	Jess Healy	jessica.healy9@yahoo.com
Track Winter Boys	Doug Smith	umtrackcoachsmith@gmail.com
Track Winter Girls	Dean Bond	deanbond2184@gmail.com
Wrestling	John DeFranco	jdefranco@umtsd.org
Indoor Guard	Lauren Penglase	umcolorguard@gmail.com
Indoor Percussion	Glenn Cowen	gcowen@umtsd.org
Spring		
Baseball	Dan Heiland	danheiland@yahoo.com
Lacrosse-Boys	Corey Kelly	ckelly@umtsd.org
Lacrosse-Girls	Kim Frantz	kfrantz@umtsd.org
Softball	Melanie Martino	melmartino@msn.com
Tennis-Boys	Justin Allegra	jallegra@umtsd.org
Track-Girls	Dean Bond	deanbond2184@gmail.com
Track-Boys	Doug Smith	umtrackcoachsmith@gmail.com
Trainer	Andrew Broske	andrew.broske@atipt.com
Booster Club	Deb Townsend	djttownsend3@comcast.net