

UMHS Coach Contact List

Fall

Field Hockey	Casey Dellostretto	cdellostretto@umtsd.org
Football	CJ Szydlik	cszydlik@umtsd.org
Golf	Howard Cohen	hcohen@umtsd.org
Soccer-Boys	Matt Duffey	mdsoccer@verizon.net
Soccer-Girls	Lisa Benvenuto	lbenvenuto@umtsd.org
Tennis-Girls	Kristen Summers	uppermorelandgirlstennis@yahoo.com
XC Boys	Mark Mullelley	mmullelly@archwood.org
XC Girls	Mark Mullelley	mmullelly@archwood.org
Cheerleading	Stephanie Sargent	stephiam@icloud.com
Marching Band	Tom Keiser	ummudirector@gmail.com

Winter

Basketball-Boys	Sean Feeley	sfeeley@umtsd.org
Basketball-Girls	Matt Carroll	mcarroll@umtsd.org
Bowling-Boys/Girls	Howard Cohen	hcohen@umtsd.org
Swimming - Girls	Jess Healy	jessica.healy9@yahoo.com
Swimming - Boys	Jess Healy	jessica.healy9@yahoo.com
Track Winter Boys	Doug Smith	umtrackcoachsmith@gmail.com
Track Winter Girls	Dean Bond	deanbond2184@gmail.com
Wrestling	John DeFranco	jdefranco@umtsd.org

Spring

Baseball	Dan Heiland	danheiland@yahoo.com
Lacrosse-Boys	Corey Kelly	ckelly@umtsd.org
Lacrosse-Girls	Kim Frantz	kfrantz@umtsd.org
Softball	Scott Ludlow	sludlow@umtsd.org
Tennis-Boys	Kristin Summers	umboystennis@gmail.com
Track-Girls	Dean Bond	deanbond2184@gmail.com
Track-Boys	Doug Smith	umtrackcoachsmith@gmail.com
Trainer	Andrew Broskey	andrew.broske@atipt.com
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